Internship/Training Openings 2020-2021

Walker Inc. transforms the lives of children and youth who are dealing with complex emotional, behavioral, and learning challenges, by partnering with these children and youth, their families, and communities to nurture hope, build strengths, and develop lifelong skills.

All undergraduate and graduate level internships at Walker are unpaid.

Interested undergraduate and master’s level applicants are asked to send a cover letter, resume or CV, and 2 letters of reference/recommendation to Jennie Shaw, LICSW, Director of Internship Program at jshaw@walkercares.org.

Interested doctoral level applicants are asked to send a cover letter, resume or CV, 2 letters of reference/recommendation, and a testing report writing sample to Dr. Mina Burbridge, Director of Training and Professional Development at mburbridge@walkercares.org.

Undergraduate Placements

Residential Treatment Program—Needham Campus

<table>
<thead>
<tr>
<th>Direct Care Intern</th>
<th>Number of Openings: 6</th>
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For: Undergraduates

The Walker Residential Treatment Program (RTP) helps children with high-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Walker RTP is a nationally accredited, fully licensed, Chapter 766-approved program for children ages 5 to 13 who can be cared for in a staff-secure group setting.

The Walker RTP is designed for:

- Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.

The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.

Internship Responsibilities/Assignments: Students will work with existing child care staff to support the children in residential treatment. Interns will have opportunities to participate in/plan age appropriate, developmentally appropriate activities for children and attend trainings and meetings as appropriate and scheduling allows. Tasks may include helping to lead group activities, helping to lead a club activity, helping to identify options for community-based activities, helping a child who needs additional support, etc.
**Internship Requirements:** 3rd or 4th year undergraduate preferred. The ideal intern would be committed to placement for 2 semesters but will accept internships for 1 semester. Ideally, they would come to Walker minimally 2 afternoons/evenings a week.

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**Walker School—Needham Campus**

<table>
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<tr>
<th>Undergraduate Intern</th>
<th>Number of Openings: 6</th>
<th>For: Undergraduates</th>
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The Walker School is a Chapter 766-approved K-8 academic program for children between the ages of 5 and 13 with complex profiles, including learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, and histories of high-risk behaviors. Students at Walker School also may have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, or psychiatric hospitalizations.

Upon admission, 62% of Walker students have a documented neurological/spectrum disorder diagnosis; more than 30% have a language-based disability; 90% are experiencing behavioral difficulties; and 35% have an additional medical diagnosis. More than 35% of students enroll at Walker significantly behind grade level in their academic progress.

The Walker School combines the intensive resources and clinical expertise of a comprehensive therapeutic environment with a strong commitment to high academic standards. The Walker environment helps students who sometimes exhibit disruptive classroom behavior to focus their energy on academics, promoting developmental continuity for all students.

| Internship Responsibilities/Assignments: | As an undergraduate intern, interns will assist individual students to complete academic tasks and provide general support. This may include: sitting next to students, helping to scribe for them, read aloud and or provide emotional support. Interns will gain experience supporting small group and whole group academic lessons. This will include joining the children in recreational activities as well as helping to plan developmentally appropriate recess activities. |

| Internship Requirements: | 3rd or 4th year undergraduate preferred. Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. The ideal intern would be committed to placement for 2 semesters but will accept internships for 1 semester. Ideally, they would come to Walker minimally 2 days. |

| Days/Times: | Two days per week during the school week, on a schedule from approximately 8:00-3:00 |

| Supervision: | A day program supervisor or experienced childcare worker. |

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**Graduate Placements — Clinical**

**Intensive Community-Based Acute Treatment (ICBAT/CBAT)—Needham Campus**

| Clinical Intern | Number of Openings: 3 | For: One 1st year/Three 2nd year MSW or Counseling Psychology (LMHC) |

Walker’s Intensive Community-Based Acute Treatment (ICBAT) Program is a hospital-diversion program specifically designed to provide short-term emergency stabilization and support to children between the ages of 3 and 13 years old who are actively experiencing emotional and/or behavioral crisis. Children may be referred because of depression, anxiety, suicidality, self-injurious behaviors, and/or uncontrollable behavior. The CBAT program has the capacity to serve all genders. Family involvement is strongly encouraged in order to support the child in the most appropriate way possible.

Created in response to the increasing number of very young children requiring crisis care, as well as the increasing severity and complexity of their challenges, the Walker ICBAT Program offers short-term, multidisciplinary services designed to:
• stabilize young children in crisis who might otherwise be placed consistently in developmentally inappropriate hospital settings;
• provide thorough clinical assessments and diagnostic services;
• facilitate the child’s return home or support a transition to an appropriate therapeutic environment; and
• provide follow-up support, including the availability of diverse family and support services.

**Internship Responsibilities/Assignments:** MSW interns will have the opportunity to participate in individual, group and family therapy for 2 cases at any given time, assist with intakes, and provide case management. Interns will assist with treatment, safety and discharge planning, learning systems work, facilitate treatment team meetings and make referrals for services. Interns will participate in multi-disciplinary team rounds. Finally, interns will work closely with direct care staff to optimize the child’s treatment during their admission.

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker.

**Days/Times:** Generally, 24 hours per week; Tuesdays are required days for training seminars and group supervision; can be flexible with other days. Preference is 2 full days, 2 half days. 3 full days can be considered on a case by case basis but is not ideal. We prefer an academic year placement (or just summer) but the nature of the work is conducive to those who need a 1-semester placement or need to switch mid-year.

**Supervision:** Supervision will be provided by LICSW’s including the CBAT Program Director with 9 years of experience in the mental health field.

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**Residential Treatment Program/Day School—Needham Campus**

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<tr>
<th>Clinical Intern</th>
<th>For: One 1st year and Three 2nd Year MSW or Counseling Psychology (LMHC)</th>
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<td>Number of Openings: 4</td>
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The Walker Residential Treatment Program (RTP) helps children with high-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Walker RTP is a nationally accredited, fully licensed, Chapter 766-approved program for children ages 5 to 13 who can be cared for in a staff-secure group setting.

**The Walker RTP is designed for:**
- Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.

The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.

**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s residential or day school program. Interns may be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, progress notes, or other youth related documents. Interns may act as the case manager for a child which includes communication and coordination with all involved individuals, state agencies, and other collaterals. Interns will participate in a variety of meetings for the children they work with (e.g., treatment update meetings, IEP meetings, Clinical & Medical Rounds, Foster Care Reviews, discharge planning meetings).

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker. Must have prior experience with children either clinically or in group work in settings such as summer camps, coaching sports teams, etc.
**Days/Times:** Minimum 24 hours per week for 2nd year MSW students; 16 for 1st year MSW and PsyD/PhD students. Tuesdays will be required of all students to attend training seminars, group supervision and rounds. This internship requires a 2-semester commitment due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of interns will be provided by independently licensed individuals with an LICSW, LMHC, or PsyD

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**Walker - Ain Group Home—Needham Campus**

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<tr>
<th>Clinical Intern</th>
<th>For: One 2nd Year MSW</th>
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<tr>
<td><strong>Number of Openings:</strong> 2</td>
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The Ain Group Home at Walker helps children with at-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Ain Group Home is a nationally accredited, fully licensed program for children ages 5 to 13 who can be cared for in a staff-secure group setting.

**The Ain Group Home is designed for:**
- Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.

The Ain Group Home is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.

**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s Ain Group Home. Interns will be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, treatment plans, and other youth related documents. Interns will participate in planning and facilitating group therapy. Interns may act as the case manager for a child which includes communication and coordination with all involved individuals, state agencies, schools and other collaterals. Interns will participate in a variety of meetings for the children they work with (e.g., treatment update meetings, IEP and school meetings, Clinical & Medical Rounds, Foster Care Reviews, discharge planning meetings).

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker. Must have prior experience with children either clinically or in group work in settings such as summer camps, coaching sports teams, etc.

**Days/Times:** Minimum 24 hours (3 days) per week and the availability to work 10am-6pm schedule at least 1 day per week. Tuesdays will be required of all students to attend training seminars, group supervision and rounds. This internship requires a 2-semester commitment due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of intern will be provided by independently licensed individual with an LICSW.
Residential Treatment Program/Day School—Needham Campus

Doctoral Level Clinical Practicum
Number of Openings: 3

For: 2nd Year PsyD or PhD Students
Or Advance standing PsyD/PhD students

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The Walker RTP is designed for:
- Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.

The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.

Internship Responsibilities/Assignments: Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s residential or day school program. Interns may be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, progress notes, or other youth related documents. Interns will conduct psychological testing assessments in accordance with IEP re-evaluation regulations. These assessments will include cognitive/intellectual and projective/personality measures. Interns will participate in a variety of meetings for the children with whom they work. This may include treatment update meetings, IEP meetings, Foster Care Reviews, discharge planning meetings, or other related meetings.

Internship Requirements: 2nd year PsyD or PhD. Candidates must have taken the cognitive/intellectual assessment course and have some facility with the WISC. Candidates are strongly encouraged to have completed the personality/projectives course which should include instruction in the Rorschach and Exner Scoring System. Concurrent enrollment in this course is acceptable.

Days/Times: Minimum 20 hours per week. Tuesdays are required days of all students to attend training seminars and group supervision. This internship requires a 2-semester commitment from interns due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

Supervision: Supervision of interns will be provided by our Director of Training and Professional Development, a Licensed Psychologist (PsyD) with 14 years of experience working with this population.

Residential Treatment Program/Day School—Needham Campus

Doctoral Level Psychological Testing Clerkship
Number of Openings: 1

For: Advance Standing PsyD or PhD Students

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The Walker RTP is designed for:
- Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and
The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.

### Internship Responsibilities/Assignments:
Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s residential or day school program. Interns will conduct psychological testing assessments in accordance with IEP re-evaluation regulations. These assessments will include cognitive/intellectual and projective/personality measures. Interns will participate in IEP meetings to present testing findings.

### Internship Requirements:
Advance Standing PsyD or PhD. Candidates must have previous experience conducting psychological testing batteries. Previous practicum or internship experience in a school setting conducting IEP testing is preferred.

### Days/Times:
Testing only clerkship has a minimum of 10 hours. Applicants who would like to provide some clinical services as well must agree to 12-14 hours. Tuesdays are required days of all students to attend training seminars and group supervision. This internship requires a 2-semester commitment from interns due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

### Supervision:
Supervision of interns will be provided by our Director of Training and Professional Development, a Licensed Psychologist (PsyD) with 14 years of experience working with this population.

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**Walker Community Counseling (Outpatient Clinic and CBHI) — Needham Campus**

**Clinical Intern**

**Number of Openings: 2, CBHI/outpatient clinic combined internship**

For: Two 2nd year MSW or Counseling Psychology (LMHC)

- Walker Community Counseling is licensed by the Department of Public Health to serve as an outpatient mental health clinic, serving clients aged 3 to 65 years old. WCC is located on the Needham campus and is an outpatient group practice that offers culturally competent mental and behavioral health services for children, adolescents, adults, and families. Sessions can occur weekly, bi-weekly, or monthly, whichever is clinically indicated.

- Walker Community Counseling’s In-Home Therapy program provides services in home or other community locations to youth and families enrolled in IHT through the Children’s Behavioral Health Initiative (CBHI). The In-Home Therapy team provides strength-based therapy to youth under 21 years old who have social, emotional, and behavioral health needs and to the youths’ families. Therapists are Master’s level clinicians who provide individual and family therapy with the goal of enhancing functioning and positive communication both individually and within the family system. Therapists provide an initial assessment and quarterly reassessments, therapy, some crisis intervention and care coordination to children, adolescents and their families as part of a team with a Therapeutic Training and Supports (TT&S), Bachelor’s level staff.

### Internship Responsibilities/Assignments:
Interns will work as part of a multi-disciplinary team providing therapy services to children, adolescents, adults and families. Interns will take on the primary role of the client’s outpatient therapist, in home therapist or support role as a therapeutic training and support worker; there will be a mixed caseload of both in home therapy and outpatient clients, as well as mixed ages ranging from 3-65, to allow for a variety of experience. Interns will meet at least weekly with clients, at a minimum of one hour per week, depending on the need of the family and level of care. Interns will complete all relevant paperwork including but not limited to a comprehensive assessment, treatment plan, progress notes, CANS and other required documentation. Interns will maintain weekly contact with client’s collaterals and document such contact. Interns will be responsible for obtaining insurance authorizations for clients and keeping them current. Interns will be responsible for diagnosing clients according to the ICD-10 diagnostic codes as part of ongoing assessment, with needed support of supervisors. Interns will be responsible for a billing productivity of 8 hours per week.

### Internship Requirements:
2nd Year MSW or Counseling Students. Students must have reliable transportation to get to Walker and provide services in the community. Students will need to be able to function independently in the community, schedule their own appointments, provide telephonic and face-to-face crisis intervention, and be flexibly available to
Walker Community Counseling (CBHI) — South Shore/Braintree Campus

Clinical Intern Number of Openings: 2, CBHI

- Walker Community Counseling’s In-Home Therapy program provides services in home or other community locations to youth and families enrolled in IHT through the Children’s Behavioral Health Initiative (CBHI). The In-Home Therapy team provides strength-based therapy to youth under 21 years old who have social, emotional, and behavioral health needs and to the youths’ families. Therapists are Master’s level clinicians who provide individual and family therapy with the goal of enhancing functioning and positive communication both individually and within the family system. Therapists provide an initial assessment and quarterly reassessments, therapy, some crisis intervention and care coordination to children, adolescents and their families as part of a team with a Therapeutic Training and Supports (TT&S), Bachelor’s level staff who supports to goals of the IHT. 1st and 2nd year interns will have the opportunity to take on the role of a TT&S or Therapeutic Mentor (TM), a role that focuses on one-on-one skills coaching, in the community, of youth engaged in therapeutic supports, such as IHT or outpatient therapy.

Internship Responsibilities/Assignments: Interns will work as part of a multi-disciplinary team providing therapy services to children, adolescents, adults and families. Interns will take on the primary role of the client’s in-home therapist or support role as a therapeutic training and support worker. Interns will meet at least weekly with clients, depending on the need of the family. Interns will complete all relevant paperwork including but not limited to a comprehensive assessment, treatment plan, progress notes, CANS and other required documentation. Interns will maintain weekly contact with client’s collaterals and document such contact. Interns will be responsible for obtaining insurance authorizations for clients and keeping them current. Interns will be responsible for diagnosing clients according to the ICD-10 diagnostic codes as part of ongoing assessment, with needed support of supervisors. Interns will be responsible for a billing productivity of 8 hours per week.

Internship Requirements: 1st or 2nd Year MSW or Counseling Students. Students must have reliable transportation to get to Walker and provide services in the community. Students will need to be able to function independently in the community, schedule their own appointments, provide telephonic and face-to-face crisis intervention, and be flexibly available to clients between the hours of 8 am and 8 pm on days on site.

Days/Times: Minimum 24 hours per week for MSW and LMHC students. This internship requires a 2-semester commitment due to the nature of the work being done. Tuesdays are required days of all students to attend training seminars and group supervision. Weekly Wednesdays are also required to attend CBHI team meeting. Students may be required to attend meetings off site, for which they will be expected to use their personal vehicle. Interns are required to have late afternoon and evening availability to see clients.

Supervision: Supervision of interns will be provided by the Clinic Director, Clinical Supervisor, or other designee for one hour per week.

Catchment Area Served: Milton, Randolph, Quincy, Braintree, Weymouth, Hingham, Hull, Cohasset, Scituate and Norwell
Walker Beacon School—Watertown Campus

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<tr>
<th>Clinical Intern</th>
<th>Number of Openings: 2</th>
<th>For: 2nd Year MSW or Counseling Psychology</th>
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Walker Beacon School is a fully accredited, co-educational therapeutic middle school and high school for adolescents experiencing anxiety, depression, or other emotional disorders. Beacon provides academic and specialized programs to approximately 64 students between the ages of 13 and 22 from the Greater Boston area.

Walker Beacon School provides a supportive and nurturing environment that addresses both emotional and academic issues in a comprehensive integrated manner for students who are experiencing significant emotional and psychological problems or learning disabilities. Students at Walker Beacon School benefit from comprehensive clinical services throughout the school day provided by clinicians experienced in helping adolescents who may be struggling with significant psychiatric problems.

Walker Beacon School provides in-the-moment therapeutic intervention in addition to weekly individual and group therapy, all designed to help students appropriately respond to stress and begin to achieve emotional, social, and academic success. Students receive an exceptional education with an enriched curriculum and high standards that challenge them to succeed. Most students are involved in creative arts such as the publication of poetry and music performance.

Adolescents who are unsuccessful in traditional middle and high school programs achieve academic success at Walker Beacon through the integration of therapy and academics in a safe and supportive setting. This remarkable program allows creative and resilient students to discover new talents and become the person they strive to be.

**Clinical Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth at Walker Beacon School. Interns may be involved in direct clinical work including individual and group therapy. Interns will also provide support to students throughout the school day as they use several of the on-site settling spaces. Interns will have the opportunity to participate in staff and student related meetings.

**Internship Requirements:** 2nd Year MSW

**Days/Times:** The ideal intern would be committed to placement for 2 semesters, 3 days a week, for a total of 20-24 hours weekly. Students must have reliable transportation to get to Watertown and Needham.

**Supervision:** Weekly individual supervision and weekly group supervision.
**Graduate Placements – Macro**

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<th>Macro Internship</th>
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<tr>
<td><strong>Program Operations Intern</strong></td>
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<td><strong>Number of Openings:</strong> 2</td>
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<tr>
<td><strong>For:</strong> Junior/Senior Undergraduate and/or Graduate Level</td>
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**Internship Responsibilities/Assignments:**
Report to the Vice President of Communications & Strategic Initiatives. Intern will engage in project-based work in the areas of program development, grant writing, strategic planning, and event planning (e.g., training, continuing education, professional development). Specific projects are organized around the topics of child welfare, most notably permanency for children and youth in state care; children's behavioral health; and special education.

Past interns have performed the following functions:
- Conducted literature reviews regarding data trends and best practices
- Assisted with identifying staffing, resources, and other needs for new programming
- Contributed to the writing of grant applications and Requests for Responses (RFRs)
- Helped develop and monitor progress toward strategic planning goals
- Coordinated daylong or multi-day events for agency staff or members of stage agencies or other provider organizations
- Drafted status reports for Program Operations describing the project, timeline, and deliverables
- Participated on agency committees such as clinical practice and risk management

This internship would be well-suited for an intern in the following programs of study: macro social work, psychology, public health, public administration, and human services.

**Internship Requirements:** As these are fairly sophisticated, high-level projects, prospective interns should have some work experience, ideally in a child and family serving agency.

**Days/Time:** Prospective interns must be able to commit to at least 2 days (16 hours) per week.

**Supervision:** Students will be supervised by Shannon, Lee, Ed.M., LCSW

Vice President of Communications & Strategic Initiatives