

# Internship/Training Openings 2018-2019



Walker Inc. transforms the lives of children and youth who are dealing with complex emotional, behavioral, and learning challenges, by partnering with these children and youth, their families, and communities to nurture hope, build strengths, and develop lifelong skills.

On the Needham campus, located at 1968 Central Avenue, Walker serves children aged 3-14 in several programs: A Massachusetts Approved Special Education School, Residential Treatment, Group Home, Intensive Community Based Acute Treatment (ICBAT/CBAT); and an Outpatient Clinic. On the Watertown campus, located at 917 Belmont Street, Walker serves teens and young adults aged 13-22 at our Massachusetts Approved Private Special Education Middle and High School: Walker Beacon School.

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All undergraduate and graduate level internships at Walker are unpaid.

Interested undergraduate and master's level applicants are asked to send a cover letter, resume or CV, and 2 letters of reference/recommendation to Jennie Shaw, LICSW, Director of Internship Program at [jshaw@walkercares.org](mailto:jshaw@walkercares.org).

Interested doctoral level applicants are asked to send a cover letter, resume or CV, 2 letters of reference/recommendation, and a testing report writing sample to Dr. Mina Burbridge, Director of Training and Professional Development at [mburbridge@walkercares.org](mailto:mburbridge@walkercares.org).

## Undergraduate Placements

### Residential Treatment Program—Needham Campus

**Direct Care Intern**

**Number of Openings: 6**

**For: Undergraduates**

*The Walker Residential Treatment Program (RTP) helps children with high-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Walker RTP is a nationally accredited, fully licensed, Chapter 766-approved program for children ages 5 to 14 who can be cared for in a staff-secure group setting.*

*The Walker RTP is designed for:*

- *Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from severe trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.*

*The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child's development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.*

**Internship Responsibilities/Assignments:** Students will work with existing child care staff to support the children in residential treatment. Interns will have opportunities to participate in/plan age appropriate, developmentally appropriate activities for children and attend trainings and meetings as appropriate and scheduling allows.

**Internship Requirements:** 3<sup>rd</sup> or 4<sup>th</sup> year undergraduate preferred. Students must have the ability to complete Walker's Therapeutic Crisis Intervention (TCI) de-escalation training. The ideal intern would be committed to placement for 2 semesters

but will accept internships for 1 semester. Ideally, they would come to Walker minimally 2 afternoons/evenings. Can include weekend hours.

**Days/Times:** Ideally, days would be Sunday—Wednesday, or Wednesday--Saturday. Some flexibility with days/hours.

**Supervision:** By a Child Care Supervisor or Senior Level Child Care Worker

**Intern**

**Number of Openings: 1**

**For: Undergraduates**

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**Internship Responsibilities/Assignments:** Student will work with managers and supervisors to assist with day-to-day group needs and activities. Will help with existing child care staff to support the children in residential treatment. Tasks may include helping to lead group activities, helping to lead a club activity, helping to identify options for community-based activities, helping a child who needs additional support, etc.

**Internship Requirements:** 3<sup>rd</sup> or 4<sup>th</sup> year undergraduate preferred. Students must have the ability to complete Walker's Therapeutic Crisis Intervention (TCI) de-escalation training. The ideal intern would be committed to placement for 2 semesters but will accept internships for 1 semester. Ideally, they would come to Walker minimally 2 afternoons/evenings a week.

**Days/Times:** Afternoon and evening hours.

**Supervision:** By a Child Care Supervisor or Senior Level Child Care Worker

## Walker School—Needham Campus

**Undergraduate Intern**

**Number of Openings: 5**

**For: Undergraduates**

*The Walker School is a Chapter 766-approved K-8 academic program for children between the ages of 5 and 13 with complex profiles, including learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, and histories of high-risk behaviors. Students at Walker School also may have suffered from severe trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, or psychiatric hospitalizations.*

*Upon admission, 62% of Walker students have a documented neurological/spectrum disorder diagnosis; more than 30% have a language-based disability; 90% are experiencing severe behavioral difficulties; and 35% have an additional medical diagnosis. More than 35% of students enroll at Walker significantly behind grade level in their academic progress.*

*The Walker School combines the intensive resources and clinical expertise of a comprehensive therapeutic environment with a strong commitment to high academic standards. The Walker environment helps students who sometimes exhibit disruptive classroom behavior to focus their energy on academics, promoting developmental continuity for all students.*

**Internship Responsibilities/Assignments:** As a undergraduate intern, interns will assist individual students to complete academic tasks, and provide general support. This may include: sitting next to students, helping to scribe for them, read aloud and or provide emotional support. Interns will gain experience supporting small group and whole group academic lessons. This will include joining the children in recreational activities as well as helping to plan developmentally appropriate recess activities.

**Internship Requirements:** 3<sup>rd</sup> or 4<sup>th</sup> year undergraduate preferred. Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. The ideal intern would be committed to placement for 2 semesters but will accept internships for 1 semester. Ideally, they would come to Walker minimally 2 days.

**Days/Times:** Students must be willing to commit to 2 days per week during the school week, on a schedule from 8:00-3:00

**Supervision:** A day program supervisor or experienced childcare worker.

## Graduate Placements – Clinical

### Intensive Community-Based Acute Treatment (ICBAT/CBAT)—Needham Campus

**Clinical Intern**

**For: One 1<sup>st</sup> year/Three 2<sup>nd</sup> year MSW or Counseling Psychology (LMHC)**

**Number of Openings: 4**

*Walker’s Intensive Community-Based Acute Treatment (ICBAT) Program is a hospital-diversion program specifically designed to provide short-term emergency stabilization and support to children between the ages of 3 and 10 years old who are actively experiencing severe emotional and behavioral crisis. The Program accommodates girls and boys, and offers an alternative to psychiatric hospitalization that is less costly and often more clinically appropriate. Family involvement is strongly encouraged in order to support the child in the most appropriate way possible.*

*Created in response to the increasing number of very young children requiring crisis care, as well as the increasing severity and complexity of their challenges, the Walker ICBAT Program offers short-term, multidisciplinary services designed to:*

- stabilize young children in crisis who might otherwise be placed consistently in developmentally inappropriate hospital settings;
- provide thorough clinical assessments and diagnostic services;
- facilitate the child’s return home or support a transition to an appropriate therapeutic environment; and
- provide follow-up support, including the availability of diverse family and support services.

**Internship Responsibilities/Assignments:** MSW interns will have the opportunity to participate in individual, group and family therapy for 2 cases at any given time, assist with intakes and assessments. Interns will assist with treatment, safety and discharge planning, learning systems work, collateral contact, referrals for services. Interns will participate in multi-disciplinary team rounds. Finally, interns will provide clinical support and consultation to child care worker staff.

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker.

**Days/Times:** Generally 24 hours per week; Tuesdays are required days for training seminars and group supervision; can be flexible with other days. Preference is 2 full days, 2 half days. 3 full days can work too. We prefer a year placement (or just summer) but the nature of the work is conducive to those who need a 1-semester placement or need to switch mid-year.

**Supervision:** Supervision will be provided by LICSW’s including the CBAT Program Director with 9 years of experience at Walker.

### Residential Treatment Program/Day School—Needham Campus

**Clinical Intern**

**For: One 1<sup>st</sup> year and Three 2<sup>nd</sup> Year MSW or Counseling Psychology (LMHC)**

**Number of Openings: 4**

*The Walker Residential Treatment Program (RTP) helps children with high-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Walker RTP is a nationally accredited, fully licensed, Chapter 766-approved program for children ages 5 to14 who can be cared for in a staff-secure group setting.*

*The Walker RTP is designed for:*

- *Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from severe trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.*

*The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.*

**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s residential or day school program. Interns may be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, progress notes, or other youth related documents. Interns may act as the case manager for a child which includes communication and coordination with all involved individuals, state agencies, and other collaterals. Interns will participate in a variety of meetings for the children they work with (e.g., treatment update meetings, IEP meetings, Clinical & Medical Rounds, Foster Care Reviews, discharge planning meetings).

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker. Must have prior experience with children either clinically or in group work in settings such as summer camps, coaching sports teams, etc.

**Days/Times:** Minimum 24 hours per week for 2<sup>nd</sup> year MSW students; 16 for 1<sup>st</sup> year MSW and PsyD/PhD students. Tuesdays will be required of all students to attend training seminars, group supervision and rounds. This internship requires a 2-semester commitment due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of interns will be provided by independently licensed individuals with an LICSW, LMHC, or PsyD

## **Walker - Ain Group Home—Needham Campus**

**Clinical Intern**

**For: One 2<sup>nd</sup> Year MSW**

**Number of Openings: 1**

*The Ain Group Home at Walker helps children with at-risk behaviors and their families build social, emotional, and behavioral skills so they may achieve and maintain a permanent family connection. The Ain Group Home is a nationally accredited, fully licensed program for children ages 5 to14 who can be cared for in a staff-secure group setting.*

*The Ain Group Home is designed for:*

- *Children with complex developmental difficulties (learning disabilities, chronic mental illness, language disorders, high-functioning autism spectrum disorders, histories of high-risk behaviors), and children who have suffered from severe trauma, histories of sexual, physical, or emotional abuse, disrupted foster placements, failed adoptions, and psychiatric hospitalizations.*

*The Ain Group Home is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child’s development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or*

*making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.*

**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s Ain Group Home. Interns will be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, treatment plans, and other youth related documents. Interns will participate in planning and facilitating group therapy. Interns may act as the case manager for a child which includes communication and coordination with all involved individuals, state agencies, schools and other collaterals. Interns will participate in a variety of meetings for the children they work with (e.g., treatment update meetings, IEP and school meetings, Clinical & Medical Rounds, Foster Care Reviews, discharge planning meetings).

**Internship Requirements:** Students must have the ability to complete Walker’s Therapeutic Crisis Intervention (TCI) de-escalation training. Students must have reliable transportation to get to Walker. Must have prior experience with children either clinically or in group work in settings such as summer camps, coaching sports teams, etc.

**Days/Times:** Minimum 24 hours (3 days) per week and the availability to work 10am-6pm schedule at least 1 day per week. Tuesdays will be required of all students to attend training seminars, group supervision and rounds. This internship requires a 2-semester commitment due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of intern will be provided by independently licensed individual with an LICSW.

## Residential Treatment Program/Day School—Needham Campus

### Doctoral Level Clinical Practicum

Number of Openings: 3

For: 2<sup>nd</sup> Year PsyD or PhD Students  
Or Advance standing PsyD/PhD students

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**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker’s residential or day school program. Interns may be involved in direct clinical work including individual, group, family, duo, and sibling therapy. Interns will participate, or take the lead in, writing clinical assessments, progress notes, or other youth related documents. Interns will conduct psychological testing assessments in accordance with IEP re-evaluation regulations. These assessments will include cognitive/intellectual and projective/personality measures. Interns will participate in a variety of meetings for the children with whom they work. This may include treatment update meetings, IEP meetings, Foster Care Reviews, discharge planning meetings, or other related meetings.

**Internship Requirements:** 2<sup>nd</sup> year PsyD or PhD. Candidates must have taken the cognitive/intellectual assessment course and have some facility with the WISC. Candidates are strongly encouraged to have completed the personality/projectives course which should include instruction in the Rorschach and Exner Scoring System. Concurrent enrollment in this course is acceptable.

**Days/Times:** Minimum 20 hours per week. Tuesdays are required days of all students to attend training seminars and group supervision. This internship requires a 2 semester commitment from interns due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of interns will be provided by our Director of Training and Professional Development, a Licensed Psychologist (PsyD) with 14 years of experience working with this population.

## Residential Treatment Program/Day School—Needham Campus

### Doctoral Level Psychological Testing Clerkship

**Number of Openings: 1**

**For: Advance Standing PsyD or PhD Students**

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*The Walker RTP is a flexible, family-driven program specializing in safety, stabilization, assessment, and treatment. There is a focus on understanding how a child's development has shaped his or her strengths, weaknesses, and unique learning style. The professionals at Walker do not simply focus on erasing deficits or making a child better, they work with the family and home community to assist in making a smooth, seamless transition for the child.*

**Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth in Walker's residential or day school program. Interns will conduct psychological testing assessments in accordance with IEP re-evaluation regulations. These assessments will include cognitive/intellectual and projective/personality measures. Interns will participate in IEP meetings to present testing findings.

**Internship Requirements:** Advance Standing PsyD or PhD. Candidates must have previous experience conducting psychological testing batteries. Previous practicum or internship experience in a school setting conducting IEP testing is preferred.

**Days/Times:** This testing only clerkship has a minimum of 10 hours. Applicants who would like to provide some clinical services as well must agree to 12-14 hours. Tuesdays are required days of all students to attend training seminars and group supervision. This internship requires a 2 semester commitment from interns due to the nature of the work being done with children and families. Students must have reliable transportation to get to Walker. Students may be required to attend meetings off campus, for which they will be expected to use their personal vehicle.

**Supervision:** Supervision of interns will be provided by our Director of Training and Professional Development, a Licensed Psychologist (PsyD) with 14 years of experience working with this population.

## Walker Community Counseling (Outpatient Clinic and CBHI) —Needham Campus

### Clinical Intern

**Number of Openings: 1, outpatient clinic**

**For: One 2<sup>nd</sup> year MSW or Counseling Psychology (LMHC)**

- Walker Community Counseling is licensed by the Department of Public Health to serve as an outpatient mental health clinic. WCC is located on the Needham campus and is an outpatient group practice that offers culturally competent mental and behavioral health services for children, adolescents, adults and families. Sessions can occur weekly, bi-weekly, or monthly, whichever is clinically indicated.

**Internship Responsibilities/Assignments:** Interns will work as part of a multi-disciplinary team providing therapy services to children, adolescent, adults and families. Interns will take on the primary role of the client's outpatient therapist. Interns will complete all relevant paperwork including but not limited to a comprehensive assessment, treatment plan, progress notes, CANS and other required documentation. Interns will maintain weekly contact with client's collaterals and document such contact. Interns will be responsible for obtaining authorizations for clients and keeping them current. Interns will be responsible for diagnosing clients according to the ICD-10 diagnostic codes.

**Internship Requirements:** 2<sup>nd</sup> Year MSW or LMHC. Students must have reliable transportation to get to Walker.

**Days/Times:** Minimum 24 hours per for MSW and LMHC students. This internship requires a 2-semester commitment due to the nature of the work being done. Tuesdays are required days of all students to attend training seminars and group supervision. Students may be required to attend meetings off site, for which they will be expected to use their personal vehicle. Interns are required to have late afternoon and evening availability to see clients.

**Supervision:** Supervision of interns will be provided by the Clinic Director, CBHI Supervisor, or other designee.

**Clinical Intern**

**Number of Openings: 1, CBHI**

**For: One 2<sup>nd</sup> year MSW or Counseling Psychology (LMHC)**

- Provide In-Home Therapy (IHT) services in homes or other community locations to youth and families enrolled in IHT through the Children's Behavioral Health Initiative. The In-Home Therapy team provides strength-based therapy to youth under 21 years old who have social, emotional, and behavioral health needs and to the youths' families. Therapists are Master's level clinicians who provide individual and family therapy with the goal of enhancing functioning and positive communication both individually and within the family system. Therapists provide an initial assessment and quarterly reassessments, therapy, some crisis intervention, and care coordination to children, adolescents, and their families as part of a team with a Therapeutic Training and Support (TT&S) Bachelor's level staff.

Interns will work as part of the IHT team to provide IHT services to youth and families. Interns will take on the primary role of the family's IHT Clinician. Interns will complete all relevant paperwork including but not limited to a comprehensive assessment, treatment plan, progress notes, CANS and other required documentation. Interns will maintain weekly contact with client's collaterals and document such contact. Interns will be responsible for obtaining authorizations for clients and keeping them current. Interns will be responsible for diagnosing clients according to the ICD-10 diagnostic codes.

**Internship Requirements:** 2<sup>nd</sup> Year MSW or LMHC. A car is required due to services being provided in the community.

**Days/Times:** Minimum 24 hours per for MSW and LMHC students. Tuesdays are required days of all students to attend training seminars and group supervision. This internship requires a 2-semester commitment due to the nature of the work being done. Students may be required to attend meetings off site, for which they will be expected to use their personal vehicle. Interns are required to have late afternoon and evening availability to see clients.

**Supervision:** Supervision of interns will be provided by the Clinic Director, CBHI Supervisor, or other designee.

**Walker Beacon School—Watertown Campus**

**Clinical Intern**

**Number of Openings: 1**

**For: 2<sup>nd</sup> Year MSW or Counseling Psychology**

*Walker Beacon School is a fully accredited, co-educational therapeutic middle school and high school for adolescents experiencing anxiety, depression, or other emotional disorders. Beacon provides academic and specialized programs to approximately 64 students between the ages of 13 and 22 from the Greater Boston area.*

*Walker Beacon School provides a supportive and nurturing environment that addresses both emotional and academic issues in a comprehensive integrated manner for students who are experiencing significant emotional and psychological problems or learning disabilities. Students at Walker Beacon School benefit from comprehensive clinical services throughout the school day provided by clinicians experienced in helping adolescents who may be struggling with significant psychiatric problems.*

*Walker Beacon School provides in-the-moment therapeutic intervention in addition to weekly individual and group therapy, all designed to help students appropriately respond to stress and begin to achieve emotional, social, and academic success. Students receive an exceptional education with an enriched curriculum and high standards that challenge them to succeed. Most students are involved in creative arts such as the publication of poetry and music performance.*

*Adolescents who are unsuccessful in traditional middle and high school programs achieve academic success at Walker Beacon through the integration of therapy and academics in a safe and supportive setting. This remarkable program allows creative and resilient students to discover new talents and become the person they strive to be.*

**Clinical Internship Responsibilities/Assignments:** Interns will work as one part of a multidisciplinary team working with individual youth at Walker Beacon School. Interns may be involved in direct clinical work including individual and group therapy. Interns will also provide support to students throughout the school day as they use several of the on-site settling spaces. Interns will have the opportunity to participate in staff and student related meetings.

**Internship Requirements:** 2<sup>nd</sup> Year MSW

**Days/Times:** The ideal intern would be committed to placement for 2 semesters, 3 days a week, for a total of 20-24 hours weekly. Students must have reliable transportation to get to Watertown and Needham.

**Supervision:** Walker Beacon School’s Director of Clinical Services, an LICSW with more than 20 years of experience, or her designee (also an LICSW) will provide supervision for graduate students.

## Graduate Placements – Macro

### Macro Internship

**Program Operations Intern**

**Number of Openings: 2**

**For: Junior/Senior Undergraduate and/or Graduate Level**

**Internship Responsibilities/Assignments:**

Report to the Director of Business Development & Strategic Initiatives. Intern will engage in project based work in the areas of program development, grant writing, strategic planning, and event planning (e.g., training, continuing education, professional development). Specific projects are organized around the topics of child welfare, most notably permanency for children and youth in state care; children’s behavioral health; and special education.

Past interns have performed the following functions:

- Conducted literature reviews regarding data trends and best practices
- Assisted with identifying staffing, resources, and other needs for new programming
- Contributed to the writing of grant applications and Requests for Responses (RFRs)
- Helped develop and monitor progress toward strategic planning goals
- Coordinated daylong or multi-day events for agency staff or members of stage agencies or other provider organizations
- Drafted status reports for Program Operations describing the project, timeline, and deliverables
- Participated on agency committees such as clinical practice and risk management



This internship would be well-suited for an intern in the following programs of study: macro social work, psychology, public health, public administration, and human services.

**Internship Requirements:** As these are fairly sophisticated, high-level projects, prospective interns should have some work experience, ideally in a child and family serving agency.

**Days/Times:** Prospective interns must be able to commit to at least 2 days (16 hours) per week.

**Supervision:** Students will be supervised by Shannon, Lee, Ed.M., LCSW  
Director of Business Development & Strategic Initiatives